




AFRICANS PREVENTING POVERTY FOUNDATION

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COVID-19 EDUCATIONAL GUIDE

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 Africans Preventing Poverty

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COVID-19 PREVENTION TIPS



- ❑ Wash your hands with soap and water for at least 20 seconds.
- ❑ Use alcohol-based hand sanitizers.
- ❑ Catch your cough or sneeze with a tissues or bent elbow.

How To Make Money Online During Lock Down

- ❖ Sell your photos
- ❖ Create How-To Videos
- ❖ Become a Copywriter
- ❖ Turn Your Interest Into a Podcast That Pays
- ❖ Set up a Content and Web Development Business
- ❖ Tutor people online
- ❖ Become a Freelance Proofreader
- ❖ Type for Cash



MENTAL HEALTH MATTERS

The need to take care of our thoughts and pay attention to its effects on our well being during Covid-19 and lockdown can never be over emphasized.

Good news, we are here to support and empower you to take care of your mental health..

For Counseling

Email Counseling:

hello@africanspreventingpoverty.org.

Telephone Counseling: +234 815-219-6241

CRAC (Community Resilience Against Crisis): 08159791940