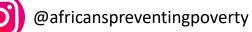


AFRICANS PREVENTING POVERTY FOUNDATION

hello@africanspreventingpoverty.org www.africanspreventingpoverty.org +234 815-219-6241

## Connect with us



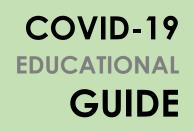


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## **SPONSORS**





COVID-19 PREVENTION TIPS

## How To Make Money Online During Lock Down

- Sell your photos
- Create How-To Videos
- Become a Copywriter
- Turn Your Interest Into a Podcast That Pays
- Set up a Content and Web Development Business
- Tutor people online
- Become a Freelance Proofreader
- Type for Cash



The need to take care of our thoughts and pay attention to its effects on our well being during Covid-19 and lockdown can never be over emphasized.

Good news, we are here to support and empower you to take care of your mental health..

## **For Counseling**

Email Counseling: hello@africanspreventingpoverty.org. Telephone Counseling: +234 815-219-6241 CRAC (Community Resilience Against Crisis): 08159791940

Wash your hands with soap and water for at least 20 seconds.

- Use alcohol-based hand sanitizers.
- Catch your cough or sneeze with a tissues or bent elbow.